

# Wisdom from St Augustine

Reflect on the following words of wisdom from St Augustine:

Our hearts are restless until they rest in you.

God loves each of us, as if there was only one of us.

Faith is to believe what we do not see, and the reward of this faith is to see what we believe.

Find out how much God has given you and from it take what you need; the remainder is needed by others.

Which of these quotations appeals most to you? Write it here.

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What does the quotation mean to you?

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What does the quotation tell you about St Augustine's vision of God?

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How could believing the message and wisdom of this quotation make a difference to your life?

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